

Role of Immunofluorescence and Molecular Diagnosis in the Characterization of Primary Ciliary Dyskinesia[☆]



Papel de la inmunofluorescencia y el diagnóstico molecular en la caracterización de la discinesia ciliar primaria

Dear Editor,

Primary ciliary dyskinesia (PCD) is characterized by an alteration in the ciliary structure causing problems in the clearance of respiratory secretions.^{1,2} It is an autosomal recessive hereditary disease, and up to 40 causative genes have been described in >70% of patients.³ It is difficult to confirm a diagnosis of PCD using currently available techniques, and the European guidelines recommend a combination of tests.⁴ The detection of low levels of nasal nitric oxide (nNO) is a useful screening tool,^{4,5} but this method is only validated in patients older than 5 years of age, and may be normal in some cases.^{4,5} Ciliary ultrastructure analysis with electron microscopy gives false positives, related to secondary changes caused by respiratory infections, as well as false negatives, and may be normal in 21% of cases.⁴ The analysis of ciliary beat pattern using high-speed video-microscopy is very useful for diagnosis.^{4,6} However, it also gives false positives due to respiratory infections, there is a lack of standardization in the preparation of the samples, it has to be interpreted by experienced personnel, and it has an element of subjectivity.⁴

In addition to molecular diagnostics,³ immunofluorescence has been identified as a technique that can help define the specific PCD defect and improve diagnosis.⁷ The aim of this article is to report the cases of 2 sisters that show the usefulness of combining these techniques to reach an accurate diagnosis of the protein and molecular defect causing PCD.

The study was approved by the Ethics Committee, and authorization for inclusion in the study was requested from the parents and the patients.

Case 1. A 16-year-old girl, born at term. She was admitted at 3 days of life for bronchiolitis, and subsequently developed recurrent otitis media, chronic rhinitis, recurrent bronchitis, and middle lobe bronchiectasis. At 4 years of age, an electron microscopy study showed a loss of 40% of the outer dynein arm (ODA) and 70% of the inner dynein arm (IDA), confirming a diagnosis of PCD. *Haemophilus influenzae* and *Pseudomonas aeruginosa* were habitually isolated from sputum cultures, so the patient was treated with nebulized colistin, respiratory physiotherapy, and the administration of 7% nebulized hypertonic saline. Spirometry (GLI-2012 reference values)^{8,9} showed FVC 3.36 l (z-score -0.08), FEV₁ 2.23 l (z-score -2.21), FEV₁/FVC 66% (z-score -2.83), FEF_{25%-75%} 1.42 l/s (z-score -3.19).

Case 2. A 13-year-old girl, born at term. She was admitted at 11 days of life for bronchiolitis, and subsequently developed pneumonia in the right upper lobe and recurrent bronchitis. At 12 months of life, electron microscopy showed a 30% loss of ODA and a 70% loss of IDA, so she too was diagnosed with PCD. Chest computed tomography scan revealed atelectasis in the middle lobe and lingula, peribronchial thickening and heterogeneous aeration. Sputum cultures were positive for *H. influenzae*. She was treated with respiratory physiotherapy and 7% nebulized hypertonic saline. Spirometry showed FVC 1.97 l (z-score -0.91), FEV₁ 1.45 l (z-score

-2.18), FEV₁/FVC 73% (z-score -2.18), FEF_{25%-75%} 0.98 l/s (z-score -3.12).

Last year, our patients were re-evaluated using newly available diagnostic techniques. The nNO value was very low in both girls: 53.3 ppb (15.2 VNO nl/min) and 61 ppb (17.2 VNO nl/min). Samples of ciliated respiratory epithelium were collected from the lower nasal meatus with a 2 mm brush for video-microscopy and immunofluorescence studies, and samples of peripheral blood were obtained for genetic studies.

We analyzed ciliary beat frequency and pattern with high-speed video (MotionPro[®] X4, IDT, CA, USA) coupled to an optical microscope: absence of ciliary motility could be seen in both sisters.

For the genetic study, genomic DNA was extracted from the peripheral blood of both patients and their parents. The samples of 1 of the sisters and the parents were analyzed with TruSight One Sequencing Panel (Illumina, San Diego, CA, USA) and sequenced with the MiSeq platform (Illumina). This panel included 20 genes associated with PCD. The results were analyzed using the VariantStudio v2.2.1, Alamut Visual v2.11, and VarSome programs and different predictors of pathogenicity. We consulted allele frequency in the Genome Aggregation Database and scientific evidence of pathogenicity in the Human Gene Mutation Database. The candidate variants were confirmed for both this patient and her sister using Sanger sequencing. The sisters show a compound heterozygous mutation in the *DNAH5* gene for variants not previously described, but probably pathogenic: c.4625.4628delGAGA:p.(Arg1542ThrfsTer6) and c.12706-2A>T. Parents are heterozygous for 1 of the mutations. This gene encodes one of the ODA heavy chains and is essential to ciliary function.¹⁰

Immunofluorescence studies were conducted in respiratory epithelial cells to confirm expression or absence of the mutated DNAH5 protein. Primary cilia anti-acetylated tubulin antibodies (Sigma Aldrich, St. Louis, MO, USA) and 4 ciliary structure proteins were used: DNAH5 (ODA); DNALI1 (IDA); RSPH4A (radial connections), and GAS8 (nexin-dynein-regulatory complex). The results showed a complete absence of DNAH5 protein in the ciliary axoneme (Fig. 1A) and colocalization of DNALI1, RSPH4A and GAS8 with the ciliary acetylated tubulin (Fig. 1B-D).

The results of the immunofluorescence test are consistent with the genetic study and confirm that the previously described mutations produce a complete lack of expression of the protein DNAH5 in the ciliary axoneme and cause an ODA defect.^{11,12} In our analysis of video-microscopy, ciliary immobility was observed, which is consistent with the findings in these cases.¹¹ The observation on electron microscopy of an alteration in IDA as well as ODA could be explained by IDA changes due to respiratory infections,¹³ the fact that in healthy subjects IDA might not occur in more than 50% of the doublets,¹⁴ or the presence of processing artifacts.¹⁵

The immunofluorescence test has limitations^{4,7}: it does not provide antibodies to all defective proteins, and the technique may fail due to the absence of cilia or interference of mucus or blood in the sample. However, in combination with the molecular study, it offers a useful approach to the diagnosis of this disease and to identifying the specific causative defect. This conclusion will have to be confirmed in more extensive studies.

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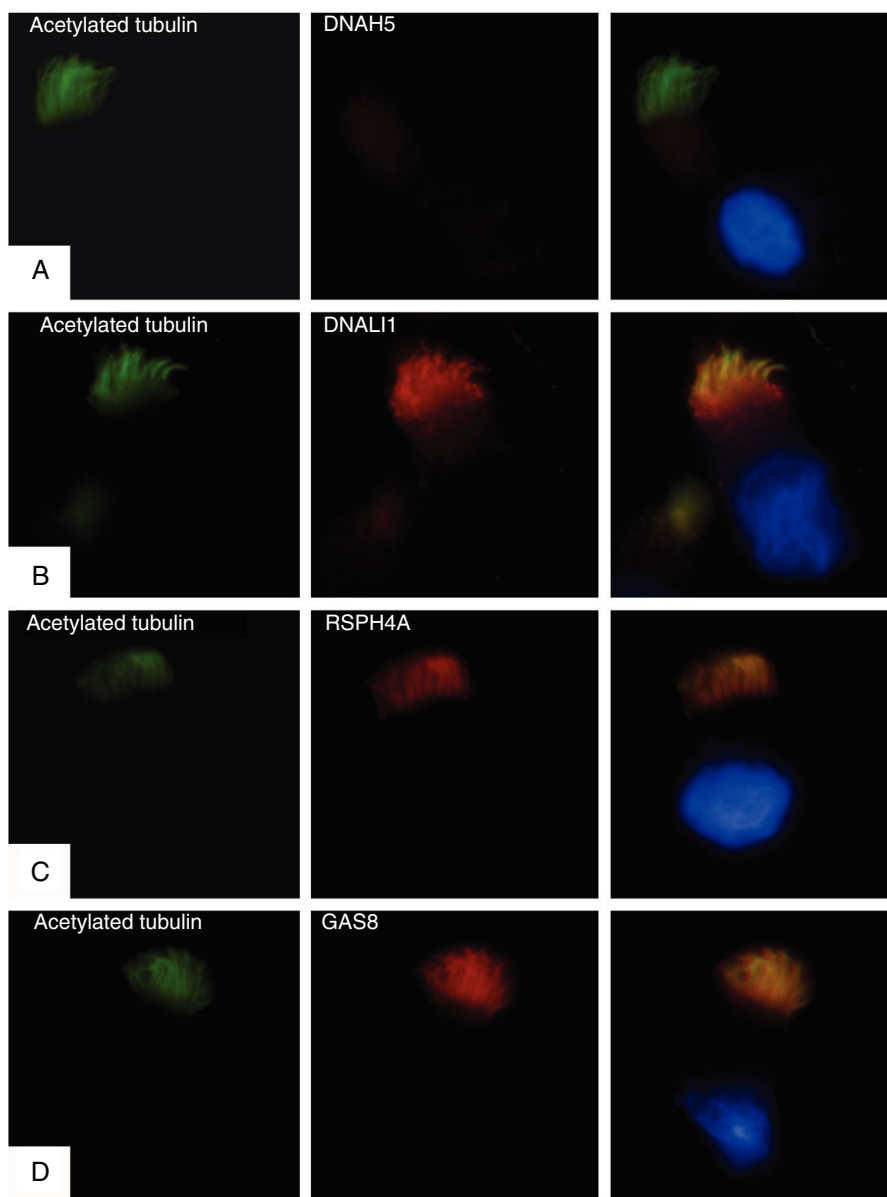


Fig. 1. Immunofluorescence analysis of the ciliary ultrastructure. The first column shows the presence of cilia in the cell using acetylated tubulin (in green), the second shows the outcome of incubation with primary ciliary protein antibodies (in red), and the third shows the merge of tubulin with each ciliary protein and the DAPI-stained nucleus (blue). (A) Absence of protein DNAH5 (external component of dynein arms) in the ciliary axoneme. (B–D) Presence and colocalization of tubulin and ciliary axoneme proteins (in yellow): (B) DNALI1 (external component of dynein arms); (C) RSPH4A (radial spoke head component), and (D) GAS8 (nexin-dynein regulatory complex component).

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Conflict of interests

AMG has received funding for participation in Abbvie advisory boards, and has received assistance for travel and registration at medical congresses from Abbvie, Actelion, and Novartis, all activities unrelated with this work. SR has received assistance for travel and registration at medical congresses from Abbvie, Teva, and Novartis, all activities unrelated with this work. The other authors state that they have no conflict of interests.

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Respiratory Care Quality Indicators in the Community of Madrid[☆]



Indicadores de calidad asistencial en patología respiratoria en la Comunidad de Madrid

Dear Editor,

Quality management, measurement, and improvement have been prioritized in all healthcare settings, and health indicators are key tools for monitoring these variables.^{1–3}

Some scientific societies have suggested that more focus should be placed on specific aspects of diseases,^{4–6} and in our area, SEPAR has called for standards in the accreditation of respiratory units.⁷ However, none of these documents specify in any detail the indicators that should be used to analyze the care process implemented for any given disease. In the absence of documented indicators, Neumomadrid developed a Respiratory Disease Quality Guideline⁸ that was endorsed by the Spanish Society of Quality in Healthcare, the aim of which is to measure indicators for analyzing our ability to determine the real situation of respiratory care quality in our community.

We report a retrospective, cross-sectional study of 13 indicators from this guideline⁸ selected by the members of each Neumo-

Madrid working group under the supervision of the Quality Group. These indicators were considered representative and reproducible for each of the diseases that form the underlying structure of the Guideline (Table 1, Annex, supplementary material).

The Quality Group developed a data collection form, that, together with the corresponding guidelines, was distributed to all heads of department who had previously been invited to participate.

Recruitment took place between October 15 and November 15, 2017, and the number of participants reflected the degree of complexity of each hospital. Fourteen of the 23 hospitals with a respiratory medicine department participated and provided data on certain indicators, representing a total of 4.7 million inhabitants; 4 hospitals provided data on 12 of the 13 indicators; and 3 collected data on all 13, representing a population of 2.5 million inhabitants.

The results reflect measures from the total number of participating hospitals, reported by relative frequencies (%) and the degree of participation for each of the indicators.

The 13 selected indicators were broken down as follows: 1 referred to structure (nursing), 4 to processes (fiberoptic bronchoscopy, pleura, sleep-NIMV, and lung cancer), and 8 to outcomes [cystic fibrosis (CF), pulmonary thromboembolism (PTE), pediatrics, diffuse interstitial pulmonary disease (IPD), chronic obstructive pulmonary disease, asthma, infections, and smoking].

Analysis of the data (Table 1, Annex, supplementary material) showed favorable results, with the target reference value⁸ being achieved for 41% of the indicators: lung cancer, nursing, pediatrics,

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